

NORTHERN VIRGINIA MENTAL HEALTH FACILITY

INFECTION CONTROL DEPARTMENT



RESPIRATORY ETIQUETTE

To prevent the transmission of all respiratory infections infected persons should follow these guidelines from the Centers for Disease Control and Prevention.

1. **Cover the nose/mouth when coughing or sneezing.**
2. **Use disposable tissues to contain respiratory secretions and dispose of them in the nearest waste container immediately after use.**
3. **Perform hand hygiene after each contact with respiratory secretions.**
4. **Stand more than three (3) feet away from other persons when coughing or sneezing.**

Step 1



Step 2



Step 3



Step 4



Infection Control Department