

HAND HYGIENE

PLEASE WASH YOUR HANDS IF

- **YOU HAVE HAD DIRECT CONTACT WITH BODY FLUIDS OR SECRETIONS**
- **YOU HAVE JUST USED THE REST ROOM**
- **YOU ARE GOING TO GIVE or TAKE MEDICATIONS**
- **YOU ARE GOING TO EAT OR DRINK**
- **YOUR HANDS ARE VISIBLY SOILED**

- **Wash your hands with soap and water for at least 15 seconds**
- **Wash all surfaces, between fingers, under nails and around wrists**
- **Dry hands thoroughly with paper towels**

PLEASE USE ALCOHOL BASED HAND GEL (OR WASH YOUR HANDS) IF

- **YOU HAVE JUST REMOVED GLOVES**
- **YOU HAVE HAD PHYSICAL CONTACT WITH ANOTHER PERSON**
- **YOU HAVE HAD CONTACT WITH INANIMATE OBJECTS IN THE VICINITY (SUCH AS EQUIPMENT, PHONES ETC)**
- **YOU HAVE TAKEN VITAL SIGNS**

- **Rub gel onto all surfaces of your hands, under your nails and around wrists until dry**
- **Do not touch electrical devices, light switches or outlets until your hands are completely dry**

THANK YOU

Hand Hygiene is the single most important way to reduce healthcare-associated infections, which is a JCAHO National Patient Safety Goal.

Infection Control Department